

NORTH STAR GEOGRAPHY

Atlas Building Directions



By Tyler H. Hogan

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By Tyler Hogan

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For my daughters: Kaylee, Avalon, and Sierra

May you find God's world fascinating and beautiful, and may you worship its creator with all of your hearts.

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Lesson 1

World Physical Map

- Print an outline map of the world. One is provided in the outline maps section, or you can print out one from WonderMaps. If you use WonderMaps, make sure you include graticules and country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - The seven continents
 - Africa
 - Antarctica
 - Asia
 - Australia/Oceania
 - Europe
 - North America
 - South America
 - The great circles
 - prime meridian
 - international date line
 - equator
 - Tropic of Cancer
 - Tropic of Capricorn
 - Arctic Circle
 - Antarctic Circle
 - The major oceans
 - Atlantic
 - Pacific
 - Indian
 - Arctic
 - Southern
 - The country in which you live and any countries that you or your family have lived in or visited

World Fact File

- Print the “World Fact File” page, fill it out, and add it to your atlas.

Lesson 2

Europe Political Map

- Print an outline map of Europe. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:

☐ Albania	☐ Luxembourg
☐ Andorra	☐ Macedonia
☐ Austria	☐ Malta
☐ Belarus	☐ Moldova
☐ Belgium	☐ Monaco
☐ Bosnia and Herzegovina	☐ Montenegro
☐ Bulgaria	☐ Netherlands
☐ Croatia	☐ Norway
☐ Czech Republic	☐ Poland
☐ Denmark	☐ Portugal
☐ Estonia	☐ Romania
☐ Finland	☐ San Marino
☐ France	☐ Serbia
☐ Germany	☐ Slovakia
☐ Greece	☐ Slovenia
☐ Hungary	☐ Spain
☐ Iceland	☐ Sweden
☐ Ireland	☐ Switzerland
☐ Italy	☐ Ukraine
☐ Latvia	☐ United Kingdom
☐ Liechtenstein	☐ Vatican City
☐ Lithuania	

- Cities:
 - ❑ Seville, Spain
 - ❑ Geneva, Switzerland
 - ❑ Kiev, Ukraine
 - ❑ Saint Petersburg, Russia
 - ❑ Venice, Italy
 - ❑ York, England

Europe Fact File

- Print the “Continent Fact File” page, fill it out for Europe, and add it to your atlas.

Europe Physical Map

- Print an outline map of Europe. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders and rivers. If you want, you may include a topographical overlay.
- Label the following places:
 - Rivers
 - ❑ Danube River
 - ❑ Thames River
 - ❑ Seine River
 - ❑ Volga River
 - Bodies of water
 - ❑ Atlantic Ocean
 - ❑ Baltic Sea
 - ❑ North Sea
 - ❑ Norwegian Sea
 - ❑ Black Sea
 - ❑ Caspian Sea
 - ❑ Aral Sea
 - ❑ Mediterranean Sea
 - Mountains
 - ❑ Strait of Gibraltar
 - ❑ Aegean Sea
 - ❑ English Channel
 - ❑ Adriatic Sea
 - ❑ Sea of Azov
 - Mountains
 - ❑ Ural Mountains
 - ❑ Alps
 - ❑ Carpathian Mountains
 - ❑ Caucasus Mountains
 - ❑ Pyrenees
 - ❑ Mount Olympus

- Islands
 - ▣ Corsica
 - ▣ Sardinia
 - ▣ Sicily
 - ▣ Crete
 - ▣ Elba
- Regions
 - ▣ Scandinavia
 - ▣ The Balkans
 - ▣ Transylvania
- Other features and landmarks
 - ▣ The Iberian Peninsula

Lesson 3

Europe Thematic Map

- This week you will make a thematic map of Europe. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as Great Britain)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Country Fact Files

- Print the “Country Fact File” page.
- Pick 1–4 countries in Europe and fill out a fact file for each of them.
- Add these pages to your atlas in the Europe section.

Lesson 4

North America Political Map

- Print an outline map of North America. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:

☐ Antigua and Barbuda	☐ Guatemala
☐ Bahamas	☐ Haiti
☐ Barbados	☐ Honduras
☐ Belize	☐ Jamaica
☐ Canada	☐ Mexico
☐ Costa Rica	☐ Nicaragua
☐ Cuba	☐ Panama
☐ Dominica	☐ Saint Kitts and Nevis
☐ Dominican Republic	☐ Saint Lucia
☐ El Salvador	☐ Saint Vincent and the Grenadines
☐ Greenland	☐ Trinidad and Tobago
☐ Grenada	☐ United States of America
 - Cities:

☐ New York City, New York, U.S.
☐ Los Angeles, California, U.S.
☐ Philadelphia, Pennsylvania, U.S.
☐ Seattle, Washington, U.S.
☐ Toronto, Canada
☐ Montreal, Canada
☐ San Juan, Puerto Rico

North America Continent Fact File

- Print the “Continent Fact File” page, fill it out, and add it to your atlas.

North America Physical Map

- Print out an outline map of North America. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Bodies of water
 - ❑ Atlantic Ocean
 - ❑ Pacific Ocean
 - ❑ Arctic Ocean
 - ❑ Gulf of Saint Lawrence
 - ❑ Labrador Sea
 - ❑ Great Salt Lake
 - ❑ Gulf of California
 - ❑ Gulf of Panama
 - ❑ Gulf of Honduras
 - ❑ Caribbean Sea
 - ❑ Gulf of Mexico
 - Rivers
 - ❑ Mississippi River
 - ❑ Missouri River
 - The Great Lakes
 - ❑ Lake Huron
 - ❑ Lake Ontario
 - ❑ Lake Michigan
 - ❑ Lake Erie
 - ❑ Lake Superior
 - Mountains
 - ❑ Appalachian Mountains
 - ❑ Rocky Mountains
 - ❑ Sierra Nevada
 - ❑ Sierra Madre Oriental
 - ❑ Sierra Madre Occidental
 - Deserts
 - ❑ Chihuahuan Desert
 - ❑ Sonoran Desert
 - ❑ Great Basin Desert
 - ❑ Mojave Desert
 - Other features and landmarks
 - ❑ Yucatan Peninsula
 - ❑ Baja California
 - ❑ Panama Canal
 - Islands
 - ❑ Puerto Rico
 - ❑ Virgin Islands
 - ❑ Cayman Islands

Lesson 5

North America Thematic Map

- This week you will make a thematic map of North America. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as the Caribbean)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Country Fact Files

- Print out the "Country Fact File" page.
- Pick 1–4 countries in North America, and fill out a fact file for each of them.
- Add these pages to your atlas in the North America section.

Lesson 6

South America Political Map

- Print an outline map of South America. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:
 - ❑ Argentina
 - ❑ Bolivia
 - ❑ Brazil
 - ❑ Chile
 - ❑ Colombia
 - ❑ Ecuador
 - ❑ Guyana
 - ❑ Paraguay
 - ❑ Peru
 - ❑ Suriname
 - ❑ Uruguay
 - ❑ Venezuela
 - Other places:
 - ❑ French Guiana and its capital city
 - ❑ Falkland Islands (UK)
 - ❑ South Georgia and the South Sandwich Islands (UK)

South America Physical Map

- Print an outline map of South America. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Rivers
 - ❑ Amazon River
 - ❑ Paraná River
 - ❑ Colorado River
 - ❑ Paraguay River
 - ❑ Uruguay River
 - ❑ São Francisco River
 - ❑ Rio Negro
 - Bodies of water
 - ❑ Lake Titicaca
 - ❑ Scotia Sea
 - ❑ Atlantic Ocean
 - ❑ Pacific Ocean
 - ❑ Strait of Magellan
 - ❑ Caribbean Sea
 - Mountains
 - ❑ Andes Mountains
 - ❑ Mount Aconcagua
 - Deserts
 - ❑ Atacama Desert
 - Regions
 - ❑ Amazon Basin
 - ❑ Pampas
 - ❑ French Guiana
 - ❑ Brazilian Highlands
 - ❑ Guiana Shield / Guiana Highlands
 - ❑ Mato Grosso Plateau
 - ❑ Caatingas
 - ❑ Patagonia
 - Islands
 - ❑ Tierra del Fuego
 - ❑ Falkland Islands
 - ❑ South Georgia and the South Sandwich Islands
 - ❑ Galapagos Islands
 - Other features and landmarks
 - ❑ Cape Horn
 - ❑ Angel Falls

Lesson 7

South America Thematic Map

- This week you will make a thematic map of South America. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as Paraguay)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Country Fact Files

- Print out the “Country Fact File” page.
- Pick 1–4 countries in South America, and fill out a fact file for each of them.
- Add these pages to your atlas in the South America section.

Lesson 8

Africa Political Map

- Print an outline map of Africa. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.

- Label the following places:

- Each country and its capital city:

- | | |
|---|--|
| ☐ Algeria | ☐ Guinea-Bissau |
| ☐ Angola | ☐ Kenya |
| ☐ Benin | ☐ Lesotho |
| ☐ Botswana | ☐ Liberia |
| ☐ Burkina Faso | ☐ Libya |
| ☐ Burundi | ☐ Madagascar |
| ☐ Cameroon | ☐ Malawi |
| ☐ Cape Verde | ☐ Mali |
| ☐ Central African Republic | ☐ Mauritania |
| ☐ Chad | ☐ Mauritius |
| ☐ Comoros | ☐ Morocco |
| ☐ Congo, Republic of the | ☐ Mozambique |
| ☐ Côte d'Ivoire (Ivory Coast) | ☐ Namibia |
| ☐ Democratic Republic of the Congo | ☐ Niger |
| ☐ Djibouti | ☐ Nigeria |
| ☐ Egypt | ☐ Rwanda |
| ☐ Equatorial Guinea | ☐ São Tomé and Príncipe |
| ☐ Eritrea | ☐ Senegal |
| ☐ Ethiopia | ☐ Seychelles |
| ☐ Gabon | ☐ Sierra Leone |
| ☐ Gambia | ☐ Somalia |
| ☐ Ghana | ☐ South Africa |
| ☐ Guinea | ☐ South Sudan |

- | | |
|------------------------------------|---|
| ☐ Sudan | ☐ Uganda |
| ☐ Swaziland | ☐ Western Sahara |
| ☐ Tanzania | ☐ Zambia |
| ☐ Togo | ☐ Zimbabwe |
| ☐ Tunisia | |

Africa Fact File

- Print the “Continent Fact File” page, fill it out, and add it to your atlas.

Africa Physical Map

- Print an outline map of Africa. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Rivers
 - ☐ Nile River
 - ☐ White Nile River
 - ☐ Blue Nile River
 - ☐ Niger River
 - ☐ Congo River
 - ☐ Orange River
 - Mountains
 - ☐ Atlas Mountains
 - ☐ Mount Kilimanjaro
 - Deserts
 - ☐ Sahara Desert
 - ☐ Kalahari Desert
 - ☐ Namib Desert
 - ☐ Libyan Desert
 - Bodies of water
 - ☐ Gulf of Guinea
 - ☐ Mozambique Channel
 - ☐ Lake Chad
 - ☐ Lake Victoria
 - ☐ Lake Nyasa
 - ☐ Lake Tanganyika
 - ☐ Atlantic Ocean
 - ☐ Indian Ocean
 - ☐ Mediterranean Sea
 - ☐ Red Sea
 - Regions
 - ☐ Angola Plateau
 - ☐ Ethiopian Highlands
 - Other features and landmarks
 - ☐ Cape of Good Hope
 - ☐ Suez Canal

Lesson 9

Africa Thematic Map

- This week you will make a thematic map of Africa. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as Sub-Saharan Africa)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Africa Country Fact Files

- Print the "Country Fact File" page.
- Choose 1–4 countries in Africa and fill out a fact file for each of them.
- Add these pages to your atlas in the Africa section.

Lesson 10

Middle East Political Map

- Print an outline map of the Middle East. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:

☐ Afghanistan	☐ Lebanon
☐ Armenia	☐ Oman
☐ Azerbaijan	☐ Pakistan
☐ Bahrain	☐ Palestine*
☐ Cyprus	☐ Qatar
☐ Djibouti	☐ Saudi Arabia
☐ Georgia	☐ Syria
☐ Iran	☐ Tajikistan
☐ Iraq	☐ Turkey
☐ Israel*	☐ Turkmenistan
☐ Jordan	☐ United Arab Emirates
☐ Kazakhstan	☐ Uzbekistan
☐ Kuwait	☐ Yemen
☐ Kyrgyzstan	
 - Other locations:
 - ☐ Mecca
 - ☐ The Gaza Strip
 - ☐ The West Bank
 - ☐ The Golan Heights

*These two nations dispute the extent of one another's territory.

Middle East Fact File

- Print the “Continent Fact File” page, fill it out, and add it to your atlas. (While the Middle East is not technically a continent, we are studying it as a unique region and the fact file will still be useful.)

Middle East Physical Map

- Print an outline map of the Middle East. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Bodies of water
 - ❑ Caspian Sea
 - ❑ Red Sea
 - ❑ Black Sea
 - ❑ Aral Sea
 - ❑ Mediterranean Sea
 - ❑ Dead Sea
 - ❑ Jordan River
 - ❑ Sea of Galilee
 - ❑ Arabian Sea
 - ❑ Persian Gulf
 - ❑ Gulf of Oman
 - ❑ Gulf of Aden
 - ❑ Gulf of Suez
 - ❑ Suez Canal
 - ❑ Gulf of Aqaba
 - ❑ Sea of Azov
 - Deserts
 - ❑ Arabian Desert
 - ❑ Negev Desert
 - ❑ Sinai Desert
 - ❑ Rub’ al Khali (or Empty Quarter)
 - Mountains
 - ❑ Mount Ararat
 - ❑ Mount Zion
 - ❑ Hindu Kush
 - ❑ Zagros Mountains
 - ❑ Caucasus Mountains
 - ❑ Elburz Mountains
 - ❑ Pamir Mountains
 - ❑ Tien Shan
 - Rivers
 - ❑ Euphrates River
 - ❑ Tigris River
 - ❑ Nile River
 - Other features and landmarks
 - ❑ Sinai Peninsula
 - ❑ Plateau of Iran
 - ❑ Anatolian Plateau
 - ❑ Mesopotamia

Lesson 11

Middle East Thematic Map

- This week you will make a thematic map of the Middle East. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as Palestine)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Middle East Country Fact Files

- Print out the “Country Fact File” page.
- Pick 1–4 countries in the Middle East and fill out a fact file for each of them.
- Add these pages to your atlas under the Middle East section.
- Alternately, if you did not do the optional research question from this lesson, you can do that instead of the fact files.

Lesson 12

Asia Political Map

- Print an outline map of Asia. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:

☐ Bangladesh	☐ Myanmar
☐ Bhutan	☐ Nepal
☐ Cambodia	☐ North Korea
☐ China	☐ Russia
☐ India	☐ South Korea
☐ Japan	☐ Sri Lanka
☐ Laos	☐ Taiwan*
☐ Maldives	☐ Thailand
☐ Mongolia	☐ Vietnam
 - Hong Kong

Asia Continent Fact File

- Print the “Continent Fact File” page, fill it out, and add it to your atlas.

*Taiwan’s sovereignty is disputed.

Asia Physical Map

- Print an outline map of Asia (or the Eastern Hemisphere). One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Bodies of water
 - ❑ Arctic Ocean
 - ❑ Pacific Ocean
 - ❑ Indian Ocean
 - ❑ Arabian Sea
 - ❑ Bay of Bengal
 - ❑ South China Sea
 - ❑ Philippine Sea
 - ❑ East China Sea
 - ❑ Yellow Sea
 - ❑ Sea of Japan
 - ❑ Sea of Okhotsk
 - ❑ Bering Sea
 - ❑ Bering Strait
 - ❑ East Siberian Sea
 - ❑ Laptev Sea
 - ❑ Caspian Sea
 - ❑ Aral Sea
 - ❑ Lake Balkhash
 - ❑ Lake Baikal
 - ❑ Taiwan Strait
 - ❑ Korean Strait
 - Rivers
 - ❑ Ganges River
 - ❑ Indus River
 - ❑ Yangtze River
 - ❑ Yellow River
 - ❑ Ural River
 - ❑ Ob River
 - ❑ Mekong River
 - Mountains
 - ❑ Himalaya Mountains
 - ❑ Mount Everest
 - ❑ Mount Fuji
 - ❑ Ural Mountains
 - ❑ Tien Shan
 - ❑ Hindu Kush
 - ❑ Khyber Pass
 - ❑ Altai Mountains
 - ❑ Caucasus Mountains
 - Regions
 - ❑ Gobi Desert
 - ❑ Siberia
 - ❑ Siberian Lowland
 - ❑ Central Siberian Plateau
 - ❑ Plateau of Tibet
 - ❑ Manchurian Plain
 - ❑ Indochina
 - ❑ Indus Valley

Lesson 13

Asia Thematic Map

- This week you will make a thematic map of Asia. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as China)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language distribution, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Asia Country Fact Files

- Print out the “Country Fact File” page.
- Pick 1–4 countries in Asia, and fill out a fact file for each of them.
- Add these pages to your atlas in the Asia section.

Lesson 14

Oceania Political Map

- Print an outline map of Oceania. Due to the small size of many of the island countries, you may wish to print one map of southeast Oceania and another of the whole Pacific Rim. Maps are provided in the outline maps section, or you can print them from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Each country and its capital city:

☐ Australia	☐ Palau
☐ Brunei	☐ Papua New Guinea
☐ Fiji	☐ Philippines*
☐ Indonesia*	☐ Samoa
☐ Kiribati	☐ Singapore
☐ Malaysia*	☐ Solomon Islands
☐ Marshall Islands	☐ Timor-Leste
☐ Micronesia, Federated States of	☐ Tonga
☐ Nauru	☐ Tuvalu
☐ New Zealand	☐ Vanuatu
- The following Australian cities:

☐ Adelaide	☐ Derby
☐ Alice Springs	☐ Melbourne
☐ Auckland	☐ Perth
☐ Brisbane	☐ Sydney
☐ Darwin	

* For the purposes of this lesson, we will consider the Philippines, Malaysia, and Indonesia together with Oceania. Generally, they are considered part of Asia.

Oceania Continent Fact File

- Print the “Continent Fact File,” fill out the information for Oceania, and add it to your atlas.

Oceania Physical Map

- Print an outline map of Oceania. Due to the small size of many of the island countries, you may wish to print one map of southeast Oceania and another of the whole Pacific Rim. Maps are provided in the outline maps section, or you can print them from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Rivers
 - ❑ Darling River
 - Bodies of water
 - ❑ South China Sea
 - ❑ Sulu Sea
 - ❑ Celebes Sea
 - ❑ Java Sea
 - ❑ Philippine Sea
 - ❑ Timor Sea
 - ❑ Coral Sea
 - ❑ Pacific Ocean
 - ❑ Tasman Sea
 - ❑ Indian Ocean
 - ❑ Lake Eyre
 - Mountains
 - ❑ Great Dividing Range
 - ❑ Mount Kosciusko
 - Deserts
 - ❑ Great Sandy Desert
 - Regions (shade in lightly)
 - ❑ Micronesia
 - ❑ Melanesia
 - ❑ Polynesia
 - Other features and landmarks
 - ❑ Tasmania
 - ❑ Easter Island
 - ❑ Hawaiian Islands
 - ❑ Christmas Island
 - ❑ Cook Island
 - ❑ Midway Island
 - ❑ Iwo Jima
 - ❑ Okinawa
 - ❑ Guam
 - ❑ Wake Island
 - ❑ Mariana Trench
 - ❑ Challenger Deep

Lesson 15

Oceania Thematic Map

- This week you will make a thematic map of Oceania. It is your choice what the theme or subject will be. Some ideas:
 - A close-up political map of an area (such as Micronesia)
 - A climate, vegetation, or migration map
 - A historical map from a time period you are studying
 - A language, population density, or ethnicity map
 - A map showing points of cultural interest or tourist attractions
 - A map of books you've read that take place in this area
 - Something completely different for which you can find good data

Oceania Country Fact Files

- Print out the “Country Fact File” page.
- Pick 1–4 countries in Oceania, and fill out a fact file for each of them.
- Add these pages to your atlas in the Oceania section.

Lesson 16

Antarctica Political/Physical Map

- Print an outline map of Antarctica. One is provided in the outline maps section, or you can print one from WonderMaps. If you use WonderMaps, make sure you include country borders. If you want, you may include rivers or a topographical overlay.
- Label the following places:
 - Bodies of water
 - ❑ Southern Ocean
 - ❑ Ross Sea
 - ❑ Weddell Sea
 - ❑ Amundsen Sea
 - ❑ Bellingshausen Sea
 - Regions
 - ❑ Queen Maud Land
 - ❑ Marie Byrd Land
 - ❑ Wilkes Land
 - ❑ Victoria Land
 - ❑ Graham Land
 - ❑ Ross Ice Shelf
 - ❑ Enderby Land
 - ❑ Coats Land
 - Mountains
 - ❑ Queen Maud Mountains
 - ❑ Vinson Massif
 - ❑ Executive Committee Range
 - Other features and landmarks
 - ❑ South Orkney Islands
 - ❑ South Pole (geographic)
 - ❑ South Pole (magnetic)
 - ❑ Antarctic Peninsula

Antarctica Continent Fact File

- Print the “Continent Fact File” page, fill it out, and add it to your atlas.